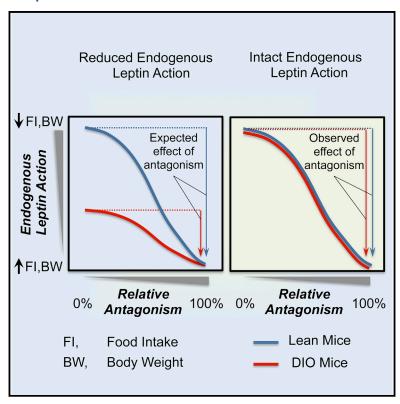
Cell Metabolism

Diet-Induced Obese Mice Retain Endogenous Leptin Action

Graphical Abstract



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In Brief

Hyperleptinemia and reduced response to exogenous leptin suggest impaired leptin action in obesity. By administering a leptin receptor antagonist, Ottaway et al. show comparable control of energy balance by leptin in lean and diet-induced obese mice, suggesting that persistence of obesity is not the result of decreased endogenous leptin action.

Highlights

- Hyperleptinemic DIO mice maintain leptin-mediated suppression of food intake
- Leptin receptor signaling reacts similarly to the antagonist in lean and DIO mice
- Elevated plasma leptin levels do not reflect a deficit of endogenous leptin action





Diet-Induced Obese Mice Retain Endogenous Leptin Action

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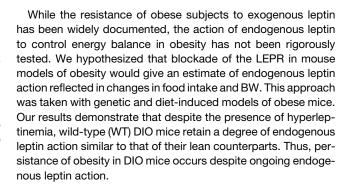
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SUMMARY

Obesity is characterized by hyperleptinemia and decreased response to exogenous leptin. This has been widely attributed to the development of leptin resistance, a state of impaired leptin signaling proposed to contribute to the development and persistence of obesity. To directly determine endogenous leptin activity in obesity, we treated lean and obese mice with a leptin receptor antagonist. The antagonist increased feeding and body weight (BW) in lean mice, but not in obese models of leptin, leptin receptor, or melanocortin-4 receptor deficiency. In contrast, the antagonist increased feeding and BW comparably in lean and diet-induced obese (DIO) mice, an increase associated with decreased hypothalamic expression of Socs3, a primary target of leptin. These findings demonstrate that hyperleptinemic DIO mice retain leptin suppression of feeding comparable to lean mice and counter the view that resistance to endogenous leptin contributes to the persistence of DIO in mice.

INTRODUCTION

Leptin is a 16 kDa hormone secreted by adipocytes (Zhang et al., 1994) that plays a critical role in the control of feeding by acting on specific neurons in the CNS (Myers et al., 2008). Individuals lacking circulating leptin are hyperphagic and obese, features that can be reversed with administration of exogenous leptin (Halaas et al., 1995). In contrast, more common forms of obesity, including diet-induced obesity (DIO), exhibit hyperleptinemia proportional to the amount of body fat stores (Frederich et al., 1995). The inability of high endogenous leptin levels to reduce feeding and mitigate or reverse weight gain is referred to as leptin resistance, and it has been implicitly associated with the impairment of leptin action (Myers et al., 2012). Consistent with this thesis, obese hyperleptinemic animals have a blunted anorectic response to exogenously administered leptin and an associated attenuation of the leptin receptor (LEPR)-dependent intracellular signaling cascade (Enriori et al., 2007).



RESULTS

Intraperitoneal PLA Increases Food Intake and Body Weight in Wild-Type Mice, but Not in Mice with Impaired Leptin Signaling

We assessed the in vivo specificity of a pegylated leptin receptor antagonist (PLA) by comparing the effect of daily administration (3 mg/kg intraperitoneal [i.p.], daily) on energy intake and BW in leptin receptor-deficient (lepr^{dbdb}, db/db), leptin-deficient (lep^{obob}, ob/ob), and age-matched WT control mice over 1 week (Figure 1). Untreated db/db and ob/ob mice had significant hyperphagia compared to untreated WT controls (Figure 1A, see also Figure S1A). Consistent with a blockade of endogenous leptin action, PLA significantly increased 1 week energy intake in WT mice. In contrast, PLA failed to increase feeding in ob/ob or in db/db mice (Figure 1A). PLA significantly increased BW (Figure 1B) and BW gain (Figure 1C) in lean WT control mice compared to vehicle-treated controls, but failed to affect BW in db/db mice. Interestingly, there was a small but significant reduction in BW gain in ob/ob mice treated with PLA (Figure 1C).

Intraperitoneal PLA or Intracerebroventricular LA Increases Food Intake and Body Weight in WT Mice, but Not in Obese Melanocortin 4-Receptor-Deficient Mice

The melanocortin system plays a critical role mediating the effect of leptin on food intake and BW (Seeley et al., 1997). Mice with a homozygous deletion of MC4R ($Mc4r^{-/-}$ mice) are hyperphagic and develop obesity in adulthood that is associated with hyperleptinemia and reduced effectiveness of exogenous leptin (Marsh et al., 1999). To investigate the contribution of MC4R to the actions of endogenous leptin, obese $Mc4r^{-/-}$ mice and WT



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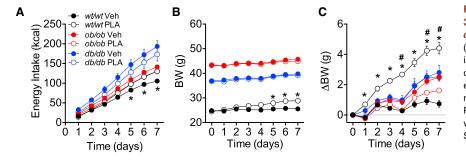


Figure 1. Peripheral Administration of PLA, 3 mg/kg i.p. Once Daily, in Chow-Fed db/db, ob/ob, or Lean WT Control Mice

(A–C) Daily injection of PLA increases energy intake (A), BW (B), and BW change (C) in lean chow-fed control mice, but not in mice voided of endogenous leptin signaling. Data are shown as mean \pm SEM, n = 6. *p < 0.05 WT Veh versus WT PLA; #p < 0.05 ob/ob Veh versus ob/ob PLA. Twoway repeated-measures (RM) ANOVA followed by Sidak test

littermates received peripheral PLA (3 mg/kg/day, i.p.) for 1 week. PLA significantly increased energy intake in WT (p < 0.05 treatment \times time), but not in obese $Mc4r^{-/-}$, mice (Figure 2A, see also Figure S1B). 1 week PLA treatment did not affect total BW (Figure 2B) but promoted a significant BW change in WT mice relative to vehicle-treated controls (Figure 2C). In contrast, leptin receptor blockade did not change BW in obese Mc4r^{-/-} mice (Figure 2C). PLA was dosed based on BW (1.65-fold difference), but plasma leptin levels were 9.5-fold higher in obese $Mc4r^{-/-}$ in comparison to their WT controls (41.34 ± 2.11 versus 4.35 ± 2.46 ng/ml, p < 0.05), raising the possibility of insufficient antagonism to counteract the higher levels of endogenous leptin. To ensure maximal reduction of endogenous leptin action, obese $Mc4r^{-/-}$ mice and lean WT littermates received an infusion of non-pegylated antagonist (LA, 8 µg/day) for 1 week directly into the lateral cerebral ventricle (intracerebroventricular, i.c.v.) using osmotic minipumps. LA induced significant hyperphagia (Figure 2D, see also Figure S1C) and BW gain (Figures 2E and 2F) in lean WT, but not in obese $Mc4r^{-/-}$ mice, despite a trend toward a BW change in the latter (p = 0.059, Figure 2F). Since young, preobese $Mc4r^{-/-}$ mice retain responsiveness to exogenous leptin (Marsh et al., 1999), we treated a cohort of younger $Mc4r^{-/-}$ (28.5 ± 1.5 g) and age-matched WT littermates (24.1 ± 1.0 g) with PLA (3 mg/kg/day, i.p.) for 1 week. PLA did not affect total BW (Figure S1D) but increased the BW gain relative to vehicle-treated controls, as well as energy intake, in Mc4r-/mice (p < 0.05 treatment × time; Figures S1E and S1F) and in their WT littermates (Figures S1E-S1G).

Intraperitoneal PLA or Intracerebroventricular LA Increases Food Intake and BW in Lean and DIO Mice

DIO mice are frequently used as a model of leptin resistance. DIO mice and age-matched, chow-fed lean controls were treated with PLA (1, 3, or 10 mg/kg i.p. once daily) for 7 days (lower doses) or 6 days (highest dose). PLA at 1 mg/kg/day significantly increased energy intake in lean mice only (Figure 3A, see also Figure S1H) and did not change BW in lean or DIO mice (Figures 3B and 3C). PLA at 3 mg/kg/day significantly increased food intake (Figure 3B, see also Figure S1I) and total BW (Figure 3E, p < 0.05 at day 7) in lean, but not in DIO, mice. However, both lean and DIO mice treated with this dose of PLA exhibited significant BW change when compared to their vehicle controls (Figure 3F), despite a 10-fold increase in circulating leptin in DIO mice compared to lean controls (29.60 \pm 2.36 versus 2.94 \pm 0.45 ng/ml, p < 0.05). PLA at 10 mg/kg/day significantly increased energy intake (Figure 3G, see also Figure S1J) and BW (Figures 3H and 3I) in both lean and DIO mice. To examine near-maximal effects of reducing endogenous leptin action, we infused LA (8 $\mu g/day)$ i.c.v. into lean and DIO mice for 7 days using osmotic minipumps. Intracerebroventricular LA significantly increased food intake (Figure 3J, see also Figure S1K) in both lean and DIO mice. LA also caused significant differences in total BW (Figure 3K) and relative BW change (Figure 3L) compared to vehicle-treated controls.

When the dose responses of PLA on energy intake and BW change were compared, the effect of endogenous leptin to restrain energy intake was comparable between lean and DIO mice, with the exception of the dose of 3 mg/kg/day (Figure 3M), whereas the BW change compared to vehicle-treated controls were similar in lean and DIO mice with all doses (Figure 3N).

Effect of Reduction of Endogenous Leptin Action on Pomc, Socs3, and Phosphorylated STAT3 Levels in the Arcuate Nucleus of DIO Mice

Expression of two leptin-regulated genes, proopiomelanocortin (*Pomc*) and suppressor of cytokine signaling-3 (*Socs3*), was analyzed in the hypothalamic arcuate nucleus (ARC) following acute or chronic PLA. DIO mice (BW 58.8 ± 1.2 g) received a single dose of PLA (3 mg/kg i.p.) 1 hr prior to the onset of dark. The mice had free access to water and HFD overnight and were euthanized 1 hr after the onset of light. Food intake did not differ during the experimental period (Figure S2A), but PLA-treated mice exhibited a significant BW change in comparison to vehicle-treated controls (Figure S2B), consistent with a reduction in endogenous leptin signaling. Overnight PLA treatment did not affect *Pomc* (Figure 4A) but significantly reduced *Socs3* (Figure 4B) expression in the ARC of DIO mice.

Chronic PLA treatment (3 mg/kg i.p. daily for 7 days; Figures 3D–3F) significantly reduced both *Pomc* (Figure 4C) and *Socs3* (Figure 4D) gene expression in lean and DIO mice. *Pomc* gene expression was similar between lean and DIO mice treated with vehicle (Figure 4C). In contrast, *Socs3* expression was significantly increased in vehicle-treated DIO mice in comparison to vehicle-treated lean controls (Figure 4D).

Levels of phosphorylated signal transducer and activator of transcription-3 (pSTAT3) were analyzed by immunoblot (Figure S3) in the ARC of lean and DIO mice receiving i.c.v. LA (8 μ g/day) for 7 days (Figures S2C–S2F). Vehicle-treated DIO mice had increased pSTAT3 in comparison to vehicle-treated lean controls when normalized to beta actin content (Figure 4E). Intracerebroventricular LA significantly reduced pSTAT3 in DIO mice (Figure 4E), and pSTAT3 normalized to total STAT3 content supported this finding (p = 0.061, DIO vehicle [Veh] versus DIO LA; Figure 4F).

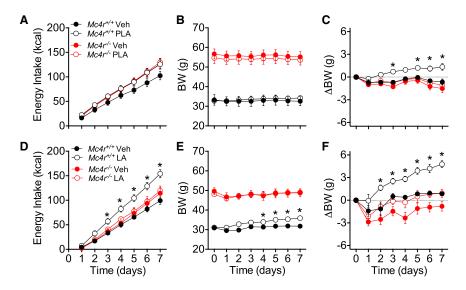


Figure 2. Peripheral Administration of PLA or Central Infusion of LA in Chow-Fed Obese $Mc4r^{-/-}$ or WT Littermate Control Male Mice (A–F) Cumulative energy intake (A and D), BW (B and E), and BW change (C and F) of obese $Mc4r^{-/-}$ mice and WT controls receiving either peripheral PLA (3 nmol/kg/day i.p.) (A–C) or central infusion of LA (8 μ g/day, i.c.v.) (D–F) for 1 week. Data are shown as mean \pm SEM; n = 5-8. *p < 0.05 $Mc4r^{+/+}$ Veh versus $Mc4r^{+/+}$ -treated mice. Twoway RM ANOVA followed by Sidak test.

DISCUSSION

In this study, central or peripheral treatment with a LEPR antagonist (D23L/L39A/D40A/F41A mutant) demonstrates a significant role of endogenous leptin action regulating energy balance. More importantly, our experiments consistently show comparable contribution to the control of BW and suppression of food intake by endogenous leptin in lean and hyperleptinemic DIO mice, regardless of dose and route of administration. These findings in a standard animal model of obesity often cited as leptin resistant indicate that the current view on the role of leptin action in obesity needs revision.

Consistent with our data, peripheral infusion of a different pegylated antagonist (L39A/D40A/F41A mutant) increased feeding in chow-fed mice (Levi et al., 2011). In contrast, central infusion of the non-pegylated L39A/D40A/F41A antagonist failed to increase feeding in chow-fed rats (Tümer et al., 2007). In addition to potential species-specific differences, this discrepancy with our results is likely accounted for by the increased potency of the antagonist used in our experiments, with greater binding to leptin receptor (60-fold) and higher antagonistic activity (14fold) compared to the L39A/D40A/F41A mutant (Shpilman et al., 2011). This increased potency, combined with the extended duration of action provided by the addition of a polyethylene glycol moiety, provides effectiveness to PLA when admistered peripherally, results that are consistent with earlier reports (Chapnik et al., 2013; Shpilman et al., 2011; Solomon et al., 2014). Despite this increase in potency, PLA lacks orexigenic activity when given to db/db and ob/ob mice, which confirms its selectivity in vivo. Indeed, PLA reduces BW gain in ob/ ob mice, which could be the result of weak agonist activity, considering that cytokine receptors such as the LEPR lack intrinsic activity, and their signaling depends on the status of associated kinases (Ishida-Takahashi et al., 2006).

A potential factor previously suggested as contributing to leptin resistance in obesity is the impairment of the transport of leptin through the blood-brain barrier (BBB) into the CNS (Banks et al., 1999; Caro et al., 1996). To circumvent any role of differences in BBB permeability between lean and obese mice, we

compared peripheral and i.c.v. administration of high doses of LEPR antagonist. The observation that both lean and DIO mice had comparable increases in energy intake and BW that were proportional to the doses of antagonist administered peripherally or centrally demonstrates

that both groups experienced substantial restraint of food intake by endogenous leptin, irrespective of their body weight and adiposity.

Consistent with previous reports (Levi et al., 2011; Solomon et al., 2014), blockade of LEPR signaling in lean, WT mice resulted in significant hyperphagia and BW gain. The lack of effect of PLA to regulate energy balance in LEPR-deficient *db/db* mice supports the specificity of PLA for the LEPR and a lack of "off-target" effects in vivo. The dose of PLA given to *db/db* mice was less than the maximally effective dose given to DIO animals but was sufficient to induce changes in the BW of high-fat-fed mice. PLA also failed to increase food intake in *ob/ob* mice, but it did attenuate their BW gain, suggesting modest LEPR agonism of the compound in this strain, described as having increased leptin sensitivity (Harris et al., 1998).

A key neural circuit involved in the control of energy balance by leptin is the melanocortin system, including direct and/or indirect control of MC4R-expressing neurons by leptin (Ghamari-Langroudi et al., 2011). Mc4r^{-/-} mice develop late-onset obesity (Huszar et al., 1997), with hyperleptinemia and resistance to the effect of exogenous administration of leptin (Marsh et al., 1999). The failure of PLA/LA to induce hyperphagia in obese $Mc4r^{-/-}$ mice supports a prominent role of the melanocortin system to convey the anorectic action of endogenous leptin in adult mice. This dramatic reduction of leptin action in obese, adult $Mc4r^{-/-}$ mice stands in contrast to the maintenance of leptin sensitivity found in young, non-obese mice with Mc4r deletion (Marsh et al., 1999) and with the effectiveness of PLA increasing body weight and energy intake in young $Mc4r^{-/-}$ mice. This discrepancy suggests an age-dependent convergence from multiple neural circuits toward the melanocortin system as the mediator of leptin effects on the homeostatic control of energy balance. Although this hypothesis remains to be corroborated experimentally, it is supported by considerable evidence suggesting age-dependent changes in leptin action (Gabriely et al., 2002; Morrison et al., 2007; Newton et al., 2013; Scarpace et al., 2000).

The reduced impact of subtracting endogenous leptin action in mouse models of obesity caused by direct (i.e., db/db or

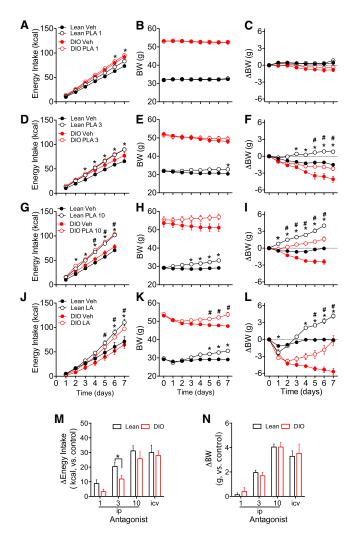


Figure 3. Peripheral Administration of PLA or Central Infusion of LA in Lean and DIO Mice

(A–L) Cumulative energy intake (A, D, G, and J), BW (B, E, H, and K), and BW change (C, F, I, and L) of lean and DIO mice receiving either peripheral PLA (1, 3, 10 nmol/kg/day i.p.) (A–I) or central infusion of LA (8 μ g/day, i.c.v.) (J–L). (M and N) Change in caloric intake (M) and BW (N) after 6 days of treatment with either peripheral PLA or central LA.

Data are shown as mean \pm SEM n = 7–8 (A–I) or n = 5 (J–L). *p < 0.05 Lean Veh versus Lean PLA; #p < 0.05 DIO Veh versus DIO PLA. Two-way RM ANOVA followed by Sidak test (A–L) or Student's t test (M).

ob/ob mice) or indirect (*Mc4r*^{-/-} mice) disruption of leptin signaling provides a striking contrast with the comparable induction of positive energy balance in DIO and age-matched lean mice following the peripheral administration of PLA or central infusion of LA. These findings show that DIO mice maintain intact endogenous leptin action despite hyperleptinemia and support previous observations of the susceptibility of DIO rats to weight gain when given the less-potent leptin receptor antagonist (L39A/D40A/F41A) via i.c.v. (Tümer et al., 2007). In addition to hyperleptinemia, DIO mice exhibit reduced responses to exogenously administered leptin, which has been linked to impairments of the intracellular signaling cascade induced by the activated LEPR (Coppari and Bjørbæk, 2012; Myers et al.,

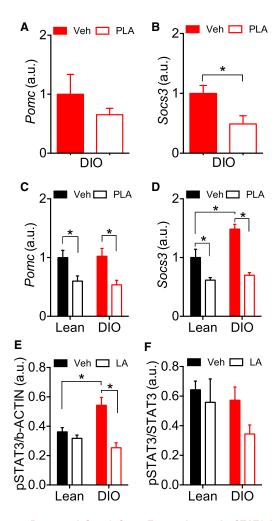


Figure 4. Pomc and Socs3 Gene Expression and pSTAT3 Levels in the Arcuate Nucleus of Mice Treated with Leptin Receptor Antagonist

(A and B) *Pomc* (A) and *Socs3* (B) expression after a single injection of PLA (3 mg/kg i.p.) in DIO mice 1 hr before the onset of the dark phase.

(C and D) *Pomc* (C) and *Socs3* (D) expression after 7 day treatment with PLA (3 mg/kg i.p. once daily) on lean and DIO mice.

(E and F) pSTAT3 levels relative to beta actin (E) and to total STAT3 (F) measured by immunoblot in ARC of lean or DIO mice after 7 day infusion with i.c.v. LA (8 $\mu g/day$).

Data are shown as mean \pm SEM; n = 5–7; *p < 0.05. Student's t test (B); two-way ANOVA followed by Sidak test (C–E).

2008). One proposed mechanism of leptin resistance involves reduced LEPR signaling as a result of increased Socs3 levels (Bjørbaek et al., 1998). Increased Socs3 prevents the phosphorylation of STAT3 by activated LEPR, providing a means of negative feedback regulation of leptin action in target cells (Myers et al., 2008). Consistent with this view, hyperleptinemic, leptin-resistant DIO mice exhibit increased baseline Socs3 expression in the ARC (Enriori et al., 2007; Münzberg et al., 2004). Yet, similar to previous studies using DIO mice (Knight et al., 2010; Martin et al., 2006), we observed elevated basal pSTAT3 levels in DIO mice compared to lean controls and a significant decrease with PLA treatment. Since leptin receptor antagonism reduced Socs3 gene expression, pSTAT3 levels, and the

expression of a target gene, Pomc (Münzberg et al., 2003), our data are consistent with the hypothesis that increased Socs3 and pSTAT3 levels in the ARC of DIO mice are the direct consequence of ongoing endogenous leptin signaling in these obese animals. More importantly, this occurred at doses of antagonist sufficient to elicit similar changes in energy intake and BW in lean and DIO mice. Thus, although the increase in baseline Socs3 levels exhibited by DIO mice may attenuate the effect of exogenously administered leptin, explaining the lack of expected hypophagia or activation of LEPR signaling cascade, our results suggest that DIO mice do not experience reduced endogenous leptin action and in fact demonstrate that it plays a critical role preventing further BW gain.

Our results suggest that DIO develops despite the sustained contribution of endogenous leptin to regulate energy balance. Thus, mechanisms opposing leptin must play a crucial role in the development or maintenance of obesity. There is evidence that some of these mechanisms may actually be LEPR dependent, as suggested by the fact that mice overexpressing LEPR in POMC neurons are more susceptible to DIO (Gamber et al., 2012). On the other hand, transgenic mice exhibiting supraphysiological serum leptin levels remain leaner than WT controls on a standard low-fat diet and reach the same BW when made DIO, suggesting that hyperleptinemia alone is not sufficient to reduce endogenous leptin action and cause obesity (Tanaka et al., 2005). Conversely, ob/ob mice supplemented with sufficient leptin to prevent obesity while fed a low-fat diet experience similar BW gain compared to WT hyperleptinemic controls once challenged with a HFD, despite remaining responsive to the exogenous administration of leptin (Knight et al., 2010). Assuming the limitations due to the intrinsic differences in leptin action between ob/ob mice and WT mice (Bouret et al., 2004), these data suggest that factors other than leptin have a relevant role in the control of BW in conditions of energy surplus. Identifying the factors involved in counteracting the effect of leptin during the development of obesity may provide efficacious targets to prevent BW gain.

The comparable effects of PLA/LA in WT lean and DIO mice suggest that although hyperleptinemic mice may have close to maximal LEPR activity, suppression of steady-state food intake by endogenous leptin remains intact, contributing to the control of energy balance. In our studies, this effect is comparable to that of the lean control mice. This suggestion that our DIO mice have near-maximal endogenous leptin action provides a caveat to the therapeutic application of leptin to treat obesity. The relatively modest effect of leptin to reduce body weight in obese humans may be due to the limited benefit of increasing leptin levels in already hyperleptinemic subjects (Heymsfield et al., 1999). In contrast, use of leptin during BW loss, when leptin levels drop and there is room for further LEPR activation, seems to be a much more effective approach (Clemmensen et al., 2014; Müller et al., 2012; Roth et al., 2008).

Overall, the findings presented here demonstrate comparable endogenous leptin activity in lean and obese hyperleptinemic diet-induced obese mice, despite different sensitivity to exogenously administered leptin. These findings challenge the general assumption of reduced leptin action in obesity, and they should be considered in the development of therapies targeting leptin signaling for the treatment of metabolic disease.

EXPERIMENTAL PROCEDURES

These studies were approved by the Institutional Animal Care and Use Committees at the University of Cincinnati Office in accordance with the US NIH Guide for the Care and Use of Laboratory Animals.

All mice (C57/Bl6J, Lep^{ob/ob}, Lepr^{db/db}, and LoxTbMc4r) were purchased from The Jackson Laboratory and were acclimated for at least 1 week before the study. Mice were single housed during the study and placed in a 12 hr light/ 12 hr dark cycle at 22°C with free access to food and water (see also Supplemental Experimental Procedures).

Leptin Antagonists

Native (LA) and 20K-PEGylated (PLA) mouse PLA (mutant D23L/L39A/D40A/ F41A) were synthetized and characterized as previously described (Shpilman et al., 2011)

Intraperitoneal Injections

PLA was dissolved in PBS and administered intraperitoneally over a period of 6 days at doses of 1, 3, or 10 mg/kg daily in independent sets of mice. BW and energy intake were monitored daily.

Intracerebroventricular Infusions

Mice received a cannula in the lateral cerebral ventricle connected to a subcutanenous osmotic mini-pump (1007D; Alzet) filled with vehicle (PBS) or LA infused at 8 $\mu g/day$ for 7 days (see also Supplemental Experimental Procedures).

Gene Expression Analysis

Pomc and Socs3 gene expression in the arcuate nucleus were analyzed using commercially available gene-specific Taqman probes following manufacturer instructions (see also Supplemental Experimental Procedures) and quantified as described elsewhere (Muller et al., 2002).

Levels of total STAT3 and pSTAT3 protein in the arcuate nucleus were detected by immunoblot using commercially available antibodies, revealed using chemiluminescense, and quantified using standard imaging techinques (see also Supplemental Experimental Procedures).

Leptin Measurements

Leptin was measured using a commercially available ELISA from Alpco.

Statistical Analyses

Data are presented as mean ± SEM. Analyses were performed using GraphPad Prism, version 6 (GraphPad Software). t tests were used for comparison of two groups, and two-way ANOVA with or without repeatedmeasures and Sidak multiple comparison tests were used for post hoc comparisons. p < 0.05 was considered significant.

SUPPLEMENTAL INFORMATION

Supplemental Information includes Supplemental Experimental Procedures and three figures and can be found with this article online at http://dx.doi. org/10.1016/j.cmet.2015.04.015.

AUTHOR CONTRIBUTIONS

N.O., P.M., B.R., and L.A.N. performed the studies. A.G. provided essential research tools. All the authors analyzed the data. N.O., D.D., and D.P.-T. designed the experiments and wrote the manuscript.

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